

Program Code BS\_PH

Major Code D100

Attributes: BSPH = Pre-Med, BSP3 = Pre-Med 3+4, BSP4 = Pre-Med 4+4

FIRST YEAR SEMINAR		
Course	Credits	Frequency
UNIV 1000: First Year Seminar	3	
<b>Total First Year Seminar Credits</b>	<b>3</b>	
GENERAL EDUCATION REQUIREMENTS		
Area/Course	Credits	Frequency
<u>Written Composition</u>		
6 credits at or above COMP 1500		
COMP 1500 College Writing	3	
COMP 2000 Advanced College Writing	3	
<u>Mathematics</u>		
6 Credits at or above MATH 1040		
Math 1040 Algebra for College Students	3	
Math 2020 Applied Statistics	3	
<u>Arts &amp; Humanities</u>		
6 credits in HIST, ARTS, PHIL, HUMN, LITR, THEA, FILM, MUSC, DANC, WRIT, foreign language, SPCH		
Open Arts & Humanities	3	
Open Arts & Humanities	3	
<u>Social &amp; Behavioral Sciences</u>		
6 Credits in PSYC, SOCL, ANTH, ECN, COMM, GEOG, GEST, INST, POLS		
SOCL 1020 Introduction to Sociology	3	
PSYC 1020 Introduction to Psychology	3	
<u>Science</u>		
6 credits in BIOL, MBIO, CHEM, SCIE, ENVS, PHYS, NEUR		
Open Science	3	
Open Science	3	
<b>Total First Year Seminar Credits</b>	<b>30</b>	
<b>Total Open Electives Credits</b>	<b>30</b>	

MAJOR		
Course	Credits	Frequency
HAWC 1000 Introduction to Coaching	3	FW
HAWC 1001 Human Systems and Family Relationships	3	FW
HAWC 1002 Overview of Lifespan Wellness	3	FW
HAWC 2003 Ethics of Coaching	3	FW
HAWC 2030 Couple and Family Coaching	3	FW
HAWC 2050 Coaching Diverse Populations	3	FW
HAWC 3007 Solution Focused Coaching	3	FW
HAWC 3008 Coaching Practicum I	3	FW
HAWC 3010 Private Practice of Coaching	3	FW
HAWC 3011 Coaching Practicum II	3	FW
HAWC 3033 Grief Coaching	3	FW
HAWC 4014 Research Methods and Evaluation in Coaching	3	FW
HAWC 4034 Chronic Health Conditions and Coaching	3	FW
HAWC Electives (choose from electives below)*	18	varies
<b>Total Credits</b>	<b>57</b>	
MAJOR ELECTIVES		
Select from the following major electives*		
HAWC 1020 Fitness and Wellness	3	FW
HAWC 2006 Mindfulness and Meditations for Health	3	FWS
HAWC 2020 Photography and Health and Wellness	3	FW
HAWC 2060 Coaching in Educational Setting	3	W
HAWC 2080 Health and Wellness Coaching and Lifestyle Medicine	3	FW
HAWC 3019 Integrative Wellness Approaches	3	S
HAWC 3030 Recovery Coaching	3	FW
HAWC 3032 Trauma Coaching	3	F
HAWC 3080 Brain Based Coaching	3	FW
HAWC 4020 Health and Wellness for Older Adults	3	W
HAWC 4990 Independent Study	1-3	FWS
<b>Total Elective Credits</b>	<b>18</b>	
<b>Total Major Credits</b>	<b>57</b>	
<b>Total Credits</b>	<b>120</b>	

\*students are permitted to take 6 of the 18 major electives from the following course Prefixes: BPH, BSHN, and BSHI.

Frequency Key: F-Every Fall; W-Every Winter; S - Every Summer; FO - Odd Year Fall; FE - Even Year Fall; WO - Odd Year Winter; WE - Even Year Winter

\*See 4 year plan of study for HAWC/DO students.